



Supporting children and young people with disabilities and their families

### Forest Friends Programme November - April 2018

| Date | Activity  |
|------|---|
| 14/1 | Board Games evening   |
| 21/1 | Get ready for Burns Night - Try some Haggis, neeps and tatties followed by activities including Scottish dancing and poetry reading |
| 28/1 | Keeping Safe  |
| 4/2  | Cooking - Chinese spring rolls - and find out more about the Chinese New Year   |
| 11/2 | Valentine Crafts - cards and gift boxes   |
| 18/2 | No session - half term break  |
| 25/2 | Bingo   |
| 4/3  | First Aid - unconscious casualties, seizures and choking  |
| 11/3 | First Aid - Bleeding and dressings including burns  |
| 18/3 | First Aid - Fractures   |
| 25/3 | Meal out - Sixteen café - Coleford  |
| 1/4  | Staying safe online.  |
| 8/4  | Easter crafts and Easter Egg Hunt   |
| 15/4 | Closed for the Easter Break   |
| 22/4 | Closed for the Easter Break   |

See you back on 29<sup>th</sup> April 😊